Centerstone’s mission is to prevent and cure mental illness and addiction.

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From the CEO

Every day, Centerstone is honored to have the opportunity to make a positive difference in the lives of individuals and families across Middle Tennessee. The past year we have implemented several new programs throughout Middle Tennessee that are helping us reach more people in need. We have garnered or renewed grants that have allowed us to expand the leading-edge care offered in our communities. And we have welcomed new team members who have strengthened the core of our organization.

As you will see in this report, through these initiatives, we have achieved many notable successes including launching Tennessee’s first crisis chat hotline, establishing a nationally recognized program to support veterans’ families that are at risk of homelessness, creating new treatment programs for children diagnosed with autism, and beginning to explore how the emerging field of personalized medicine can be applied to the treatment of depression.

On both the clinical and operational sides of our organization, I continue to be amazed by the hard work and dedication of our staff. It is through their commitment that we have been able to advance our mission of preventing and curing mental illness and addiction.

We are excited to greet the prospects of the year ahead. Endeavors, such as the groundbreaking of a new outpatient behavioral health facility located on our organization’s Dede Wallace campus and the implementation of the Accountable Care Act, are laying the groundwork for a great new year. I thank our community, partners and supporters for their ongoing dedication to Centerstone and its mission. We look forward to working with you to bring new hope and healing to people throughout this region in the months and years to come.

Robert N. Vero
Chief Executive Officer,
Centerstone of Tennessee
Highlights

• Increased the number of individuals receiving clinical services by 5.1% and increased the total number of services provided by 4.2%.

• Expanded our Feedback Informed Treatment (FIT) outcomes measure to all clinic locations. All programs also are collecting National Outcome Measures for children and adults.

• Increased our Mobile Therapy Program staff from five to 18 full-time therapists serving 10 counties.

• Of the 3,070 children served through case management services, only 27 (.008%) were placed into state custody.

• Implemented new treatment programs for children diagnosed with Autism at our Child and Youth Specialized Services Clinic in Nashville and at Weems Academy in Clarksville.

• Expanded our Therapeutic Foster Care Services into 60 Tennessee counties.

• Expanded School-Based Services in Hamilton County, Robertson County and Houston County, increasing students served in Middle Tennessee from 1,250 to 2,200.

• Child and Youth Residential Services achieved targeted performance-based outcomes set by the Tennessee Department of Children’s Services, resulting in a financial bonus of $350 thousand.

• We launched our Genomind research project studying genetics testing for the prediction of treatment response in major depressive disorder.

• Built and opened Dickson Place, a new Independent Living facility (8 apartments) in Dickson Tennessee to provide safe, comfortable and affordable housing to low-income individuals with mental health diagnoses. Dickson Place is funded by the Federal Home Loan Bank of Atlanta (FHL Bank) and the Tennessee Housing Development Agency (THDA).

• Centerstone’s Crisis Call Center received accreditation from Contact USA and joined a national network of Crisis Centers to combine resources to offer Crisis Chat Services—the first organization to do so in the state.

• Throughout the year, the Crisis Call Center handled 18,350 calls and Mobile Crisis therapists provided 6,081 face-to-face crisis assessments. 82% of all individuals contacting Centerstone in crisis were diverted from an inpatient placement and 50% of individuals seen face-to-face for a crisis assessment were diverted from an inpatient placement.

• We launched the Supportive Services for Veteran Families Program in 14 Middle Tennessee counties to provide services to very low-income Middle Tennessee veterans and their families who are at risk for homelessness. Funding is made possible through a grant from the U.S. Department of Veterans Affairs (VA).

• Implemented a new tuition assistance program for staff wishing to advance their education.

• Centerstone and its creative partners—cabedge, Zoe Creative and Southern Word—won ADDY and Telly Awards for two teen pregnancy awareness public service announcements created for the Prevention Services Division of Centerstone.

• Finished a five-year capital campaign, raising over $12 million. Co-chaired by Janet Ayers and Jack Wallace, the “Reclaiming” campaign funds support the advancement of research capabilities, our client assistance fund and the building of a new state-of-the-art facility.
About Centerstone

Centerstone is a not-for-profit organization, offering a full range of mental health services, substance abuse treatment and related educational programs to individuals of all ages and their families. With an operating budget of more than $70 million, the Centerstone network includes 65 facilities, including 29 licensed outpatient clinics and 170 school and community partnership locations throughout Middle Tennessee, serving approximately 50,000 individuals each year.

Our commitment goes beyond diagnosis and treatment. Centerstone’s programs also help individuals rebound from adversity, build on their strengths, obtain employment and achieve their life goals. We seek to identify new treatments and even eliminate mental illness by participating in groundbreaking research studies with a number of leading universities. And we are committed to meeting unmet needs for mental health care in our community.

We Provide

- 24-hour crisis services
- Outpatient counseling
- Group, individual, couple and family counseling
- Psychiatric services
- Mobile Therapy
- Intensive In-Home Treatment Services
- Specialty outpatient clinics for Older Adults (Frank Luton Center on Ransom Place) and Children and Adolescents (Venture Circle)
- Substance abuse and addiction disorder treatment
- Case management
- Sexual abuse and trauma counseling
- School-based counseling and prevention programs
- Residential treatment and supported housing
- Foster care and adoption services
- Critical Incident Stress Management and Crisis Management strategies
- Employee Assistance Programs (EAP) through Solutions EAP
- Programs and services for military members and their families through Not Alone, a company of Centerstone
- Life Coaching
“Reclaiming” Capital Campaign

We are deeply indebted to the following whose outstanding contributions successfully completed our first Centerstone capital campaign. Together we raised over $12,541,000 in support of research, unmet need and the building of a new state-of-the-art facility on the Dede Wallace Campus. Construction is currently underway.

A special thank you to the Capital Campaign Co-Chairs who made this project possible.
Janet Ayers and Jack Wallace, Co-Chairs
Patricia Hart and Betty Stadler, Honorary Co-Chairs

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We gratefully thank the individuals, corporations and foundations whose gifts funded research and client care at Centerstone. The generosity represented within these pages is outstanding. These are individuals who have joined us in pursuit of our mission to prevent and cure mental illness and addiction.

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<td>Ms. Sandra K. Sanders</td>
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## Up to $500

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<td>Mr. Otis V. Sivley</td>
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<td>Mr. Joe D. Skinner</td>
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<td>Mr. and Mrs. Stephen C. Small</td>
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<td>Lieutenant General and Mrs. Hubert G. Smith</td>
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**Centerstone Gifts In-Kind**

Michelle D. Boyle  
Grace Community Church  
Kay Jewelers  
Krispy Kreme Doughnuts  
Tracel Lockhart  
Stefi Marcus  
Janice D. Moore  
O’Charley’s, Inc.

Precision Tune Auto Care  
Q-108-FM Star Radio Station  
Register Construction  
George Seay  
Seigenthaler Public Relations  
United Record Pressing  
Tyka Williams

**Planned Gifts and Bequests**

Anonymous (1)  
Bobby Eugene Bailey  
Mr. and Mrs. Michael W. Barton  
C. Paul Chisena  
Martha Crutchfield  
Mr. and Mrs. John C. Eason  
Mr. and Mrs. Richard H. Fitzgerald  
Mr. and Mrs. David C. Guth, Jr.  
Mrs. Ella P. Hayes *

Ms. Cornelia Kelly *  
Peggy H. Nunley  
Mr. and Mrs. Richard K. Pinson  
Mr. and Mrs. Lawrence Pollack  
Dr. Stephen J. Pritchard and Dr. Penny Gaither  
Mr. and Mrs. James R. Stadler, Sr.  
Stephen T. Taylor and Barbara E. Taylor, M.D.  
Dr. Kathryn D. Whittington  
Drs. Robert and Kay Williams

* deceased

**Memorial Gifts**

Betty Brown  
Beverly C. Little

Joan Cashmere  
Sandra K. Sanders

Michael (Mike) Dalton  
Terry L. Clelland

Jo Sivley (Lena)  
Neil W. Anderson  
Otis V. Sivley

Joseph Walton Thompson  
Tennessee Valley Authority

Kent Trader  
Linda Trader
Honorary Gifts

Nan and Carter Andrews
  C. J. Gideon

Jim and Janet Ayer
  Liff Family Foundation
  Chris T. Holmes
  James L. McGregor

Richard and Jane Baxter’s 50th Wedding Anniversary
  Ms. Joan C. Sivley

Michael M. Butler
  Ramona R. Rhodes
  Mr. and Mrs. Kenning G. Watts

Debbie Cagle
  Michael M. Butler
  David C. Guth, Jr.
  Ramona R. Rhodes
  Mr. and Mrs. Kenning G. Watts

Bridget Clayton
  Michael M. Butler

The Honorable and Mrs. William H. Frist, M.D.
  The William H. Frist Foundation

Linda Garceau
  David C. Guth, Jr.
  Mr. and Mrs. Kenning G. Watts

Susan Gillpatrick
  Juliann K. and Joseph D. Maxwell

David C. Guth, Jr.
  Michael M. Butler
  Ramona R. Rhodes
  Mr. and Mrs. Kenning G. Watts

Barry S. Hale
  Michael M. Butler
  David C. Guth, Jr.
  Mr. and Mrs. Kenning G. Watts

LeAnn Hayes
  Michael M. Butler

Christy Hooper
  Michael M. Butler

Orrin and Lee Ann Ingram
  Lake T. Eakin
  Karen Kaplan Drerup Philanthropic Fund of the Columbus Jewish Foundation

Lavinia Johnston
  S. K. Johnston

Suzanne Koesel, LCSW
  David C. Guth, Jr.

Orville and Lee Kronk
  Larry Kronk

Shirley Leavitt
  Jean W. Toof

Males with Autism
  Leo R. Summers

Michelene and Richard McKinney
  C. J. Gideon

Joe Moore
  Michael M. Butler

Denny Morrison
  David C. Guth, Jr.
  Glenn Miller

Karen H. Rhea, M.D.
  Michael M. Butler
  David C. Guth, Jr.
  Mr. and Mrs. Kenning G. Watts

Ramona Rhodes
  Michael M. Butler
  David C. Guth, Jr.
  Mr. and Mrs. Kenning G. Watts
  Julie Spears
  Michael M. Butler

Nicki and Tony Stephens
  C. J. Gideon

Deborah Taylor-Tate
  Overbrook School

Nikki Tumey
  Kathy Dobbs

Robert N. Vero, Ed.D.
  Michael M. Butler
  David C. Guth, Jr.
  Ramona R. Rhodes
  Stephen Rick
  Mr. and Mrs. Kenning G. Watts

Gwen M. Watts
  Michael M. Butler
  Ms. Debbie Cagle
  David C. Guth, Jr.
  Ramona R. Rhodes

Robert J. Williams, Ph.D.
  David C. Guth, Jr.
The Dede Wallace Society

The Dede Wallace Society was established in 2004. This special society was built upon the foundation of hope fostered by Louise “Dede” Bullard Wallace for those who struggle with mental illness and substance abuse. The Society recognizes individuals who have generously given back to the community by including Centerstone in their estate planning. The Dede Wallace Society members help secure the financial future of Centerstone for tens of thousands of individuals and families in Tennessee. By endowing the future of Centerstone, these individuals are helping to guarantee that vital services will continue to be provided to people from all walks of life, regardless of their ability to pay, now and in the days to come.

Mrs. and Mrs. Michael W. Barton
C. Paul Chisena
Martha Crutchfield
Mr. and Mrs. John C. Eason
Mr. and Mrs. Richard H. Fitzgerald
Mr. and Mrs. David C. Guth, Jr.
Mrs. Ella P. Hayes *

Mrs. and Mrs. Michael W. Barton
C. Paul Chisena
Martha Crutchfield
Mr. and Mrs. John C. Eason
Mr. and Mrs. Richard H. Fitzgerald
Mr. and Mrs. David C. Guth, Jr.
Mrs. Ella P. Hayes *

Ms. Cornelia Kelly *
Peggy Harris Nunley
Mr. and Mrs. Richard K. Pinson
Mr. and Mrs. Lawrence Pollack
Mr. and Mrs. James R. Stadler, Sr.

* deceased

The Sapphire Legacy Society

A precious stone, valued for its rarity and appearance, a sapphire is cherished for its perfection and refinement. It is formed in bedrock over many years and its durability and luminosity stand the test of time. In 2010, Centerstone established The Sapphire Legacy Society, which honors the generosity and commitment of individuals who have chosen to make gifts to Centerstone through planned giving. These distinguished contributors serve, like the beautiful sapphire, as precious and rare gifts for the future of behavioral healthcare.

Society members share a common bond of generosity that nourishes Centerstone’s extraordinary achievement in mental health and addiction treatment, and ensures the programs and services we provide will continue for generations to come.

Dr. Stephen J. Pritchard and Dr. Penny Gaither
Philippa M. Guthrie
Stephen T. Taylor and Barbara E. Taylor, M.D.
Kathryn D. Whittington, Ph.D. and Col. Michael A. Smith
Drs. Robert and Kay Williams

Dr. Stephen J. Pritchard and Dr. Penny Gaither
Philippa M. Guthrie
Stephen T. Taylor and Barbara E. Taylor, M.D.
Kathryn D. Whittington, Ph.D. and Col. Michael A. Smith
Drs. Robert and Kay Williams

Drs. Robert and Kay Williams

* deceased
Endowments

Centerstone is grateful when a family or individual wishes to establish a permanent endowment in honor or memory of a family member. Centerstone’s endowment currently has the following designated funds that have been established over time with a gift of $10,000 or more at time of establishment.

**Restricted Funds**

- The Ella P. Hayes Fund – restricted to Tennessee services
- The Richard D. Sivley Fund – provides services to children and youth in Davidson and contiguous counties
- The George Spain Research Fund – restricted to Research
- The Dede Wallace Fund – restricted to services provided in Davidson and contiguous counties

**Unrestricted Funds**

- The Steven E. Bryant Endowment Fund
- The Lisa Hooker Campbell Endowment Fund
- The Terrye Davidson Endowment Fund
- The David J. Emmert Endowment Fund
- The Richard H. Fitzgerald Endowment Fund
- The Lee Ann Summers Ingram Endowment Fund
- The Dr. Stephen J. Pritchard Endowment Fund
- The Joe Roche Endowment Fund
- The A John Rose Endowment Fund
- The Joan C. Sivley Endowment Fund
- The George Bullard Stadler Endowment Fund
- The Deborah Taylor Tate Endowment Fund
**Financials**

**EXPENSES**

- Support: 5%
- Pharmacy: 4%
- General Administration: 1%
- Specialized Adult Services: 28%
- Specialized Children’s Services: 34%
- Outpatient Services: 24%
- Advantage Behavioral Health: 2%
- Other: 2%

**REVENUE**

- TennCare: 57%
- Medicare: 4%
- Contributions and United Way: 1%
- Other Government Agencies: 16%
- School Systems: 3%
- TNDMHSAS: 6%
- TN Dept. of Children’s Services: 7%
- Other Revenue: 2%
- Patient and Private Insurance: 4%
- Behavioral Health: 2%
- Outpatient Services: 24%
- General Administration: 1%
**Financials**

**AGES SERVED**

- Ages 13-19: 10,062
- Ages 6-12: 10,613
- Ages 0-5: unspecified 2,414
- Ages 75+: unspecified 341
- Ages 55-74: 5,422
- Ages 20-54: 23,510
- Ages 13-19: 10,062

**PRIMARY DIAGNOSIS**

- Bipolar Disorder: 37%
- Major Depressive Disorder: 35%
- Schizophrenia and other Psychotic Disorder: 12%
- Substance Related Disorder: 2%
- General Anxiety and Panic Disorder: 6%
- Adjustment Disorder: 3%
- PTSD: 5%
Advisory Board of Trustees

Centerstone’s Advisory Board of Trustees provides a structure for county participation, which helps maintain and improve services of Centerstone. It consists of voting members from throughout Middle Tennessee.

<table>
<thead>
<tr>
<th>County</th>
<th>Mayor/Executive</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Bedford County</td>
<td>Mayor Eugene Ray</td>
<td>(931) 684-7944</td>
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<tr>
<td>Cheatham County</td>
<td>Mayor David McCullough</td>
<td>(615) 792-4316</td>
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<tr>
<td>Coffee County</td>
<td>Mayor David Pennington</td>
<td>(931) 723-5100</td>
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<tr>
<td>Davidson County</td>
<td>Sheriff Daron Hall</td>
<td>(615) 862-8170</td>
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<tr>
<td>Dickson County</td>
<td>Mayor Bob Rial</td>
<td>(615) 789-7003</td>
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<tr>
<td>Franklin County</td>
<td>Mayor Richard Stewart</td>
<td>(931) 967-2905</td>
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<tr>
<td>Giles County</td>
<td>Mayor Janet Vanzant</td>
<td>(931) 363-5300</td>
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<tr>
<td>Houston County</td>
<td>Mayor G. E. Clark</td>
<td>(931) 289-3633</td>
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<tr>
<td>Humphreys County</td>
<td>County Executive Jessie Wallace</td>
<td>(931) 296-7795</td>
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<td>Lawrence County</td>
<td>County Executive J. Mack Chandler</td>
<td>(931) 766-4121</td>
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<td>Lewis County</td>
<td>Mayor Van Ward</td>
<td>(931) 796-3378</td>
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<td>Lincoln County</td>
<td>Mayor Peggy Bevels</td>
<td>(931) 433-3045</td>
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<td>Marshall County</td>
<td>Mayor Joe Boyd Liggett</td>
<td>(931) 359-1279</td>
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<td>Maury County</td>
<td>Mayor Jim Bailey</td>
<td>(931) 375-1001</td>
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<td>Montgomery County</td>
<td>Mayor Carolyn Bowers</td>
<td>(931) 648-5787</td>
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<tr>
<td>Moore County</td>
<td>Metro Executive Sloan Stewart</td>
<td>(931) 759-7076</td>
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<td>Perry County</td>
<td>Mayor John Carroll</td>
<td>(931) 589-2216</td>
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<td>Robertson County</td>
<td>Mayor Howard Bradley</td>
<td>(615) 384-2476</td>
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<td>Stewart County</td>
<td>Mayor Rick Joiner</td>
<td>(931) 232-3100</td>
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<td>Wayne County</td>
<td>County Executive Jason Rich</td>
<td>(931) 722-3653</td>
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Tennessee Ambassadors Circle Executive Committee for 2011-2012

Mark Faulkner, Chair
Beth Courtney
Missy Eason
R. Parker Griffith
Ashley Henry

Elizabeth Papel
Carmen Reagan
Darin Rowell
Brooke Rusch

“Everybody can be great. Because anybody can serve.”
—Martin Luther King, Jr.
Leadership

Robert N. Vero, EdD
Chief Executive Officer

Karen Rhea, MD
Chief Medical Officer

Ben Middleton, MS
Chief Operating Officer for Clinic Services

John Page, MSSW
Chief Operating Officer for Specialty Programs

Brad Nunn, PhD
Executive Vice President for Quality Improvement

Sallie Allen
Vice President for Customer Care and Facility Operations

Julie Spears
Vice President for Finance

Kathy Ballinger, MA
Director of Intensive In-Home Treatment Services and Trauma Treatment Services

Kris Blount, SLPE
Director of Adult Residential Services

Michelle Covington, MA
Director of Community Based Services for Children

Gino DeSalvatore, MS
Director of Residential and Academy Services

Rudy Gregory, LPC
Regional Director of Clinic Services, Southeast Region

Beth Hall, LCSW
Director of School-Based Services and Child and Adolescent Specialty Clinic

Matthew Hardy, PsyD
Regional Director of Clinic Services, Northern Region

Elaine Hice
Director of Customer Care

Rebecca Marshall, LPC-MHSP
Regional Director of Clinic Services, Davidson County Region

Mary Moran, LPC-MHSP
Director of Specialized Services for Adults

Jack Noe, MBA
Director of Training and Staff Development

Moises Paz
Director of Development

Kathleen Rogers, LCSW
Director of Quality Improvement

Ken Saefkow, LCSW
Director of Adult Case Management

Ken Stewart, SLPE
Regional Director of Clinic Services, Southwest Region

Becky Stoll, LCSW
Vice President for Crisis Services

Mindy Tobin
Director of Marketing and Public Relations

Doris Vaughan, LADAC
Director of Prevention Services