## **Problem & Compulsive Gambling Symposium**

## Guess Who's Coming to Problem Gambling Treatment, Prevention, and Community Wellness? What's on Your Menu?

## By Dr. Deborah Haskins

Centerstone's 3rd annual Problem & Compulsive Gambling Symposium, held on March 24 from 9 a.m. - 3 p.m. CT, will feature "Guess Who's Coming to Problem Gambling Treatment, Prevention, and Community Wellness? What's on Your Menu?" by Dr. Deborah Haskins.

Remember Sidney Portier in the amazing "Guess Who's Coming to Dinner?" Well, more than 50 years later, while there is diversity progress, we still appear surprised when treatment is available, but the numbers are quite low. Is it possible that mental health "menus" still rely on traditional theoretical and service delivery models lacking goodness-of-fit among culturally diverse individuals, families and communities? Less than 5% seek disordered gambling treatment (ncpgambling.com), and our treatment models and prevention efforts often lack cultural modifications to support communities we purport to support. Why aren't we developing community wellness opportunities to meet the 95% who are not treatment seeking? Restaurants alter their menus regularly to meet customer needs. When will we make the necessary strategic changes to appeal to the interests and desires of communities we serve? Are we willing to do a major overhaul? This session will challenge us to dig deeper and develop transformative DEI strategic plans to expand advocacy, treatment and prevention to meet the changing needs of communities during a pandemic and post-pandemic world.

Deborah G. Haskins, Ph.D., LCPC, ACS, MAC, ICGC II, BACC, ICGSO Owner, MOSAIC Consulting and Counseling Services, LLC is a retired counselor educator (25 years) and received her Ph.D. in Pastoral Counseling (Loyola College, Maryland, now Loyola University MD), a Licensed Clinical Professional Counselor, and an Approved Supervisor (MD). Dr. Haskins is an Internationally-Certified Gambling Counselor-II, Board Approved Clinical Consultant, International Clergy Lay Problem Gambling and Spiritual Outreach, and Master Addictions Counselor. She is President of the Maryland Council on Problem Gambling and is a recognized leader for more than 20 years in



disordered gambling. Dr. Haskins has trained mental health professionals in the U.S. and abroad to understand disordered gambling and provide culturally-relevant services. Her expertise and publications include gambling disorders and cultural competency and social justice attuned mental health/wellness. She assists practitioners and faith and spiritual communities with incorporating "mental health delivery beyond traditional formats." She previously served on the International Gambling Counselor Certification Board and the Maryland Board of Professional Counselors and Therapists. She received the National Council on Problem Gambling 2017 Don Hulen Annual Award for advocacy leadership and the 2015 NAADAC Unsung Hero Award (MD). She serves on the Board of Ordained Ministry (Co-chair Psychological Review) and the Association for Spiritual, Ethical, and Religious Values in Counseling (ACA, 2019-2022). Her current efforts include developing online/virtual professional development and community wellness and equipping faith/spiritual communities to support disordered gambling and homicidal loss/trauma advocacy and trainings.



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