



22 Pounds of Hope: Veteran's Food Pantry Ruck March

Join Centerstone for a 5K ruck march in honor of Veterans Day.

Veterans, active-duty service members, family members and community members are invited to join us for this community event benefiting local food pantries in Godfrey.

Participants are encouraged to carry nonperishable food items in a backpack or rucksack to donate at the finish. Carrying 22 pounds is suggested in remembrance of the 22 veterans who die by suicide each day, but any weight is welcome.

Want to join us? No registration is required, and everyone is welcome! If you plan to attend, please email Daniel.Nagel@centerstone.org to help us estimate attendance.

November 14, 2026

8:00am - 3:00pm

Glazebrook Park

1401 Stamper Lane
Godfrey, IL 62035

About Centerstone

Centerstone is the largest nonprofit behavioral health organization in the United States. With more than 10,500 team members working at 360 locations in communities across the country, Centerstone provides healing and hope to people of all ages through mental health and addiction services, primary care, dental services, and social supports. Centerstone is a leader in operations for the 988 Suicide & Crisis Lifeline. Centerstone's Military Services offers specialized care nationwide for veterans and the military community. Centerstone's Institute provides guidance through research and technology, leveraging the best evidence-based practices for use across its communities. Centerstone's Foundation secures philanthropic resources to support the work and mission of delivering care that changes lives.