



Be in Charge Daily Outline

Lesson 5/Day 5:

Lesson Summary

In the final lesson, students practice giving advice to others struggling with topics covered in the *Be in Charge* program and play an interactive Kahoot! game to review some of the information that was covered throughout the curriculum. Through these interactive, skill-building activities, students sharpen their ability to *Be in Charge* of their personal health, safety, and decision making, as well as how to help others.

Home Activities

Students will discuss the *Be in Charge* program with their trusted adult and explain at least 3 things they learned during the class.

Conversation Starters

What changes do you plan on making to be more in charge of your personal health and decision making?

What is the most important thing you learned from *Be in Charge*?

What questions do you have about what you have learned?

