

Big Skills for Little Ones

Join us for "Big Skills for Little Ones," a social emotional learning group for kids ages 4 to 6. The lessons each week will aim to help develop the children's ability to manage big feelings and developing positive relationships. Meetings will include educational stories, fun activities, and time to demonstrate and share the skills they learned. This group would be a perfect addition to any homeschooling curriculum or a great group to help little ones prepare for Kindergarten.

Facilitators: Serena Vess, LMSW and Andrew Morrison, MSW.

Wednesdays at 10:00am -11:00am

January 15th - March 5th

Ages: 4-6

Classes are held onsite at the Cohen Clinic at Centerstone

Enrollment is free.

To register, please visit <u>https://form.jotform.com/223325182964155</u>

Child Trauma Treatment and Training (CT3) A project funded by SAMHSA Grant # 1H79SM084812-01









The Steven A. Cohen Military Family Clinic at Centerstone 775 Weatherly Drive, Clarksville, TN 37040 (931) 221-3850 cohen@centerstone.org www.centerstone.org/cohen