




CENTERSTONE

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Building Compassionate Communities

Strengthening Child and Family Resiliency Through a Trauma-Informed System of Care

If you are a parent, guardian or a member of a family with children, you know there is a lot that goes into making a family work. It is a juggling act with school, doctor appointments, sports, extracurricular activities, budgets, groceries, family events, and the list goes on and on. Building Compassionate Communities? counselors help families living in Franklin, Jackson, Perry and Williamson counties with everything that goes into being a family, while focusing on strengthening child and family resilience, improving access to healthcare, and enhancing the overall mental health service array.

Though telehealth or at-home, office or in-school visits, BCC counselors can help families, regardless of insurance source or diagnosis, with:

- Mental health screenings
- Mental health services for youth and family members
- Juvenile justice system navigation
- Special education and individualized education plan (IEP) help
- Reducing stereotypes and stigma related to mental health
- Preventative care
- Access to care
- Immediate and long-term needs for families of children impacted by mental health
- Peer provided services
- Support groups
- Parent education groups

For more information, visit centerstone.org or call 1-877-HOPE123 (1-877-467-3123).



About Centerstone

Centerstone is a not-for-profit health system providing mental health and substance use disorder treatments. Services are available nationally through the operation of outpatient clinics, residential programs, the use of telehealth and an inpatient hospital. Centerstone also features specialized programs for the military community, therapeutic foster care, children's services and employee assistance programs. Centerstone's Research Institute provides guidance through research and technology, leveraging the best practices for use in all our communities. Centerstone's Foundation secures philanthropic resources to support the work and mission of delivering care that changes people's lives.