

CRISIS CENTER

Supportive care, close to home.

403 Commerce Drive Carterville, IL 62918 618.319.6069



At the Crisis Center you will:

- Engage in techniques and activities that can benefit your recovery.
- Work on coping skills with the help of our recovery support specialists.
- Build skills to help manage your symptoms.
- Have access to a medical nurse who can answer your questions and provide support.
- Work with staff who can help you apply for or manage disability payments and supplemental security income, help you identify housing and connect you with community resources to strengthen your recovery.
- Rest assured that the Crisis Center will offer 24-hour wraparound care during your short-term stay (typically five to seven days).
- Have access to telepsychiatry services to prescribe or modify medication, if necessary.

You can come directly to the Crisis Center after discharge from the hospital — any day at any time! **To** make arrangements, have hospital staff call 618.319.6069 for more information. You can also access admission to the Crisis Center through an assessment, offered at any of Centerstone's offices.

Centerstone Locations Near You



CRISIS CENTER TESTIMONIALS

The staff is so helpful and understanding [...] If ever I was to have a crisis this would be where I would come for help again. Great place!

Thank you from the bottom of my heart for taking care of me in a time of crisis [...] I commend you all for being so nice and helpful during my stay.

I'd like to thank all the staff for all the knowledge they shared with me [...] thanks for sitting there and listening [...] I was feeling suicidal and not worth a thing. Now that I'm ready to head out; I feel like someone new. I feel like I have a purpose to live and go on.

What an amazing staff! It was such a comfort to be in a place where acceptance was freely giving, a safe place to challenge my thoughts and self-reflect.

I came here feeling lost, fatigued, hopeless [...] but I am here feeling stronger and better than I have ever felt [...] The staff here has helped me become myself.

Thank you for refilling my tool box and reminding me it's okay to need help once in a while

