



CENTERSTONE

FIRST.IL

Improving quality of life for individuals experiencing a first episode of a psychotic illness



About FIRST.IL

FIRST.IL is a specialized treatment program that helps individuals who have had a treated or untreated psychotic illness for no more than 18 months (eligible diagnoses are schizophrenia, schizoaffective disorder, schizophreniform disorder or other specified/unspecified schizophrenia spectrum and other psychotic disorder). This program offers psychiatric care, individual counseling, supported employment/education, family psychoeducation and recovery support for improved quality of life.

Program Eligibility

While each person will be considered for FIRST.IL treatment services on an individual basis, FIRST.IL is most appropriate for individuals who:

- Are between 14-40 years of age
- Are diagnosed with schizophrenia, schizoaffective disorder, schizophreniform disorder, major depressive disorder with psychotic features, bipolar disorder with psychotic features, post-traumatic stress disorder or other psychotic disorders
- Have experienced no more than 18 months of psychotic symptoms (treated or untreated)
- Are willing to consent to participate in at least two treatment modalities that include counseling, psychiatric care, supported employment/education, family psychoeducation and recovery support

Program Benefits

- Decreased severity of the illness
- Less physical, mental, psychological, social and occupational disability
- Lower risk of relapse
- Reduced family disruption and distress
- Reduced need for inpatient care
- Lower health care costs

Contact

For more information about this program, call Centerstone at 618.713.1394 or email barb.gossman@centerstone.org