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# Substance Abuse Prevention (SAP) for Jackson and Williamson Counties

Centerstone Substance Abuse Prevention (SAP) aims to increase the availability of high-quality alcohol, tobacco and other drug prevention services for 11-18 year olds in Franklin, Jackson and Williamson Counties in Illinois. The program's overall goals include:

- Reduce the rate of alcohol use among 8th -12th graders
- Reduce the non-medical use of prescription drugs among 8th - 12th graders
- Increase and/or maintain participation of public schools in the Illinois Youth Survey (IYS)



## SCHOOL YEAR OBJECTIVES

- Deliver evidence-based curricula in service areas
- Plan and execute two communication campaigns about prescription drug misuse and underage drinking
- Illinois Youth Survey recruitment and participation
- **Establish a Youth Advisory Committee\***
- Host two Prevention Week Activities within the community
- Raise awareness of local drug take-back programs

## ILLINOIS YOUTH SURVEY

- FREE
- Takes only one class period anytime between January - May
- Make tailored questions (up to 30)
- No personal identifiers
- Data provided in easy-to-use reports
- Delivers local data (great resource for grant writing etc.)
- Includes comparison to state level data
- Measures key risk factors that contribute to substance abuse rates

## CONTACT

For more info or to **\*learn how you can refer students for the Youth Advisory Committee**, contact **Christina Rodgers** at [christina.rodgers@centerstone.org](mailto:christina.rodgers@centerstone.org) (Williamson County) or **Justin Dusch** at [justin.dusch@centerstone.org](mailto:justin.dusch@centerstone.org) (Jackson County).