



CENTERSTONE

centerstone.org •     

# Client Health Integration Project (CHIP)



The CHIP program is for children, ages four and older, and adults who have been diagnosed with a serious mental illness and/or substance use disorder and have a medical condition or are at risk of developing a medical condition. These medical conditions include obesity, diabetes, high blood pressure, and smoking.

The goal of the program is to support evidence-based practices that combine primary care and behavioral health care to improve the overall wellness and physical health of individuals.

**This program will include the following services:**

- Outreach and engagement
- Screening and assessment services
- Behavioral health treatment and prevention services
- Primary care treatment and prevention services
- Care coordination: comprehensive care management, transitional care and follow-up
- Providing community support and referrals to other services
- Peer Wellness Coaches: provides peer counseling and support to the client

**For more information, please contact Nikki Dugger at (618) 462-2331, ext. 1843 or [Nikki.Dugger@centerstone.org](mailto:Nikki.Dugger@centerstone.org).**

**FOR STAFF ONLY:**

Enter "Internal Referral" in Avatar for new clients.