Youth and Family TREE is a substance use program that focuses on reducing or eliminating use for individuals ages 12 – 25. **Substance use may include drugs, alcohol, and/or nicotine - including vaping.** The program offers MATRIX and Dimensions groups to provide the tools, skills and support to make positive changes. The program also offers peer recovery services to provide support outside of group sessions from a professional that has their own substance use experience.

The TREE program assists youth and young adults to reduce or eliminate substance and nicotine use while also working to help with mental health disorders, diminish criminal and juvenile system involvement, access care and support, provide individual and family education and support.

**This program also includes the following services:**
- Incentives for attendance, milestones and questionnaires
- Transportation assistance
- Urine toxicology screens
- HIV testing and referrals
- Program graduation
- Linkages to other supports

For more information or to schedule an assessment, contact Taylor Marks at (618) 462-2331, ext. 1813 or taylor.marks@centerstone.org

**About Centerstone**
Centerstone is a not-for-profit health care organization dedicated to delivering care that changes people’s lives. We provide mental health and substance abuse treatment, education and support to communities in Florida, Illinois, Indiana, Kentucky, and Tennessee and additionally offer individuals with intellectual and developmental disabilities life skills development, employment and housing services. Nationally, we have specialized programs for service members, veterans and their loved ones, and develop employee assistance programs for businesses of all sizes. Our research institute improves behavioral healthcare through research and technology, and our foundation secures philanthropic resources to support our work. For more information, visit centerstone.org