



CENTERSTONE

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# Community Youth Services

## Building tomorrow's leaders today!

Centerstone's Community Youth Services aims to increase positive social activities and community engagement through three components:

1. Positive Youth Development
2. Youth Community Collaboration
3. Youth Action Committee

Community Youth Services builds a number of skills such as:

- Communication
- Decision making
- Goal setting
- Anger and stress management
- Resistance to peer pressure
- Problem solving
- Values
- Diversity awareness
- & much more!

Youth are able to enhance these skills through peer mentor programs, employment skills, family vacation nights, and other community projects.

For more information, call 1-877-HOPE123 (877-467-3123) or visit [centerstone.org](http://centerstone.org).

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### About Centerstone

Centerstone is a not-for-profit health care organization dedicated to delivering care that changes people's lives. We provide mental health and substance abuse treatment, education and support to communities in Florida, Georgia, Illinois, Indiana, Kentucky, and Tennessee and additionally offer individuals with intellectual and developmental disabilities life skills development, employment and housing services. Nationally, we have specialized programs for service members, veterans and their loved ones, and develop employee assistance programs for businesses of all sizes. Centerstone's Research Institute improves behavioral healthcare through research and technology. Centerstone's Foundation secures philanthropic resources to support our work. For more information, visit [centerstone.org](http://centerstone.org).