



CENTERSTONE

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Caregiver Connections

Caregiver Connections supports child care providers, families and communities to build capacity in nurturing positive relationships, healthy social-emotional development and resiliency for all young children.

Services

Do you have questions or concerns about challenging childhood behaviors like...

- Difficulty listening and cooperating
- Biting or hitting
- Eating or sleeping problems
- Over-activity
- Shyness, inability to play with others
- Anxiety
- Tantrums or excessive crying
- Aggression
- Delays in development

...or family changes or challenges including:

- Substance use
- Depression
- Divorce/blended families
- Stress

You are not alone.

We understand the stress and worry you face when the children you care for are challenged by behavioral,

social/emotional, physical or learning problems – and know that you want to provide the best care to every child in your program.

That's why Caregiver Connections offers a wide range of services and supports at no cost to those caring for and educating children, including:

- Consultation with caring, experienced professionals – either in person, by phone or virtually
- New ideas that can help children develop appropriate social and emotional skills
- Support and training that equips you to deal confidently with difficulty situations when working with staff and/or families
- Connections to screening resources that can identify developmental problems early
- Referrals to evaluation and family services

To learn more, contact Mendy Dale, Early Childhood Mental Health Consultant, at (618) 380-6604.

Visit caregiverconnections.org or you can find Caregiver Connections on Facebook or Instagram.

Funded by:



About Centerstone

Centerstone is a not-for-profit health system providing mental health and substance use disorder treatments. Services are available nationally through the operation of outpatient clinics, residential programs, the use of telehealth and an inpatient hospital. Centerstone also features specialized programs for the military community, therapeutic foster care, children's services and employee assistance programs. Centerstone's Research Institute provides guidance through research and technology, leveraging the best practices for use in all our communities. Centerstone's Foundation secures philanthropic resources to support the work and mission of delivering care that changes people's lives.

