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## Caregiver Connections

### About Caregiver Connections

Caregiver Connections supports child care providers, families and communities to build capacity in nurturing positive relationships, healthy social-emotional development and resiliency for all young children.

### Services

Please note all of our services are based on trauma-informed, culturally sensitive, relationship-based and developmentally appropriate principles:

- We provide child or program focused infant/early childhood mental health consultation for children 0-5 in order to strengthen the capacity of child care providers (referred to as providers) and families to effectively meet the social emotional needs of young children.
- We provide professional development opportunities and training for providers, families and communities on a variety of topics including trauma, culture and diversity, child development, and the importance of healthy relationships/attachment.
- We collaborate with providers and families to assess and reflect on the relationships, routines and practices that impact the classroom, care-giving and home environment.
- We facilitate opportunities for providers and families to build on their skills to regulate themselves and children through healthy self-care and care-giving routines.
- We provide opportunities for providers and families to increase self-awareness of their care-giving strengths by building reflective capacity.

- We collaborate with providers and families to identify healthy social emotional teaching strategies and supports that help young children stabilize and succeed in the classroom, care-giving and home environment.
- We help providers and families identify and access important community resources that support healthy development and resiliency in young children.
- We provide an outside and supportive perspective in helping providers and families to better understand and explore the meaning in individual/group behavior of children.
- We assist providers and families in accessing and utilizing appropriate developmental screenings to understand and inform on the individual needs of children and determine when a referral for additional services may be helpful.

### Contact

For more information, contact Crystal Newcomb, Early Childhood Mental Health Consultant, at (618) 927-8481.

*Funded by:*



### About Centerstone

Centerstone is a not-for-profit health care organization dedicated to delivering care that changes people's lives. We provide mental health and substance abuse treatment, education and support to communities in Florida, Georgia, Illinois, Indiana, Kentucky, and Tennessee and additionally offer individuals with intellectual and developmental disabilities life skills development, employment and housing services. Nationally, we have specialized programs for service members, veterans and their loved ones, and develop employee assistance programs for businesses of all sizes. Centerstone's Research Institute improves behavioral healthcare through research and technology. Centerstone's Foundation secures philanthropic resources to support our work. For more information, visit [centerstone.org](http://centerstone.org).