



CENTERSTONE

Contact: Mara Naylor
Centerstone
(615) 463-6610
mara.naylor@centerstone.org

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Centerstone Hosting Free Workshop for Tennessee Military Couples

CLARKSVILLE, Tenn.—Centerstone, a national leader in behavioral health care, is hosting a free two-day workshop for Tennessee military couples on April 11-12, from 8 a.m. to 4 p.m. each day, at The Ruby Cora in Adams, Tenn.

Participants will learn skills that help build and maintain healthy relationships and will utilize information from such approaches as Gottman and Gary Chapman. The workshop will be facilitated by Joe Brazzle, a retired U.S. Army veteran and licensed marriage and family therapist.

“Relationships can be difficult, especially for military service members,” said Dr. Jodie Robison, executive director for Centerstone’s Military Services. “This workshop for military couples is created using research based techniques and will help participants gain tangible skills they can immediately apply to their relationships.”

Couples are encouraged to attend together, but solo attendance without your spouse or partner is also welcome. Space is limited. Visit centerstonemilitaryservices.org to register for the healthy relationships workshop. Casual, civilian attire is requested for all participants, and breakfast, lunch and snacks will be provided.

In addition to Centerstone's outpatient offices located in Tennessee, Kentucky, Florida, Illinois and Indiana, Centerstone’s Military Services provides mental health services for military service members, veterans and their families across the nation using an independent provider network. Military Services regularly taps into its national provider network of more than 1,000 therapists to serve ADSM, veterans and their families close to home — wherever, whenever and however they need help – in person, online, on the phone.

About Centerstone

Centerstone is a not-for-profit health care organization dedicated to delivering care that changes people’s lives. We provide mental health and substance abuse treatment, education and support to communities in Florida, Illinois, Indiana, Kentucky and Tennessee and additionally offer individuals with intellectual and developmental disabilities life skills development, employment and housing services. Nationally, we have specialized programs for service members, veterans and their loved ones, and develop employee assistance programs for businesses of all sizes. Our research institute improves behavioral healthcare through research and technology, and our foundation secures philanthropic resources to support our work. For more information, visit www.centerstone.org.