



# Older Adult Services

## Serving Adults Age 50 and Older

Centerstone's Older Adult Program is offered in Davidson, Robertson, Rutherford, Williamson, and Wilson County, Tennessee. This program provides supportive care management to individuals age 50 and older who have mental health needs. Assistance ranges from health care coordination, service referral, and advocacy related to financial, housing, legal, and safety matters. Additionally, these services provide support to our client's family members and/or caregivers and is available at no charge.

### Services Include

- Intake and care management
- Individual therapy and group support
- Mental and physical health care coordination
- Screenings and assessments
- Advocacy
- Guidance on self-care, well being and quality of life
- Referrals to additional supportive services

### Eligibility

This program is available at no cost to individuals 50 years of age or older, who are not enrolled in TennCare/Medicaid or the Behavioral Health Safety program. Participants may have Medicare, Commercial, or Private Pay insurance. Associated family members and caregivers are eligible to receive services as part of an individual's care coordination plan.

**To make a referral or to learn more:**  
(615) 460-3914



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### About Centerstone

Centerstone is the largest nonprofit behavioral health organization in the United States. With more than 10,000 team members working at 350 locations in communities across the country, Centerstone provides healing and hope to people of all ages through mental health services, addiction care and social supports. Centerstone is a leader in operations for the 988 Suicide & Crisis Lifeline. Centerstone's Military Services offers specialized care nationwide for veterans and the military community. Centerstone's Institute provides guidance through research and technology, leveraging the best evidence-based practices for use across its communities. Centerstone's Foundation secures philanthropic resources to support the work and mission of delivering care that changes lives.