



CENTERSTONE

For Immediate Release

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Mental health care during the COVID-19 pandemic: Centerstone's Foundation raising funds to provide critically needed care

Nashville, Tenn. — The COVID-19 pandemic has caused significant disruptions in many of our lives. For a lot of us, these changes are creating feelings of fear, anxiety, and worry. In fact, a recent poll conducted by the American Psychological Association shows 59% of respondents felt the pandemic is seriously impacting their day-to-day lives and 36% indicated the virus is seriously impacting their mental health. Centerstone's Foundation is diligently working to ensure mental health and substance use services are available to those in need and has created a new fund to help support direct patient care during these challenging times.

The "*Changing Lives Together: Mental Health Crisis Fund*" was officially launched in April 2020 by Centerstone's Foundation to raise funds that will be used to combat the growing mental health burden caused by COVID-19. Philanthropic contributions made to the fund will be used to support client and staff technology needs, as Centerstone has transitioned many of its services to telehealth, as well as to support enhanced capacity for crisis services and urgent client needs such as emergency food, shelter or other critical items.

"These times truly are unprecedented and there is an urgent need for our care," said David C. Guth, Jr., chief executive officer of Centerstone. "For many people, the COVID-19 pandemic is creating a lot of fear and uncertainty about what the future may hold. Most of us are physically isolating ourselves from others and that can also have a negative impact on mental health. Some of us might know someone who has contracted the virus or even someone who has succumbed to it. All of these things can take a great toll, so now it really is more important than ever to take care of our mental health."

You can make a charitable contribution to the "*Changing Lives Together: Mental Health Crisis Fund*" by visiting centerstone.org/give or by mailing a check made out to Centerstone, to Centerstone's Foundation, 44 Vantage Way, Suite 400, Nashville, TN 37228. Centerstone's Foundation is a registered 501(c)3 not-for-profit organization created to raise funding to support Centerstone, and gifts are tax-deductible.

If you or someone you know is in need of mental health or substance use treatment, you can connect with Centerstone by calling 1-877-HOPE123 (1-877-467-3123) or visiting centerstoneconnect.org.

About Centerstone

[Centerstone](https://centerstone.org) is a not-for-profit health care organization dedicated to delivering care that changes people's lives. We provide mental health and substance use treatment, education and support

Delivering care that changes people's lives

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to communities in Florida, Georgia, Illinois, Indiana, Kentucky, and Tennessee and additionally offer individuals with intellectual and developmental disabilities life skills development, employment and housing services. Nationally, we have specialized programs for service members, veterans and their loved ones, and develop employee assistance programs for businesses of all sizes. Centerstone's Research Institute improves behavioral health care through research and technology, and Centerstone's Foundation secures philanthropic resources to support our work.

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