



# Co-Occurring Disorders Treatment

Centerstone's Co-Occurring Disorders Treatment is for adults, ages 18 and older, who have both a mental health and substance use disorder.

Based on the Hazelden Co-Occurring Disorder Program, this approach to treatment recognizes there can be complex challenges for those experiencing mental illness and addiction. All areas of a person's life can be impacted – relationships with friends and family, employment, finances, sleep and overall happiness.

Centerstone provides evidence-based treatment for individuals to recover and pursue their life goals.

## Service Features

- Individual and group therapy
- Family education and counseling
- Case management
- Psychiatric evaluation
- HIV testing and education
- Physical health care coordination
- Ongoing supportive services

## Eligibility

These services are offered FREE to adults 18 and older who have co-occurring mental health and substance use disorders and reside in the following Middle Tennessee counties: Davidson, Montgomery, Houston, Robertson and Stewart.

Funding is provided by a grant from the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment.

## Locations

Co-Occurring Disorders Treatment is now available at the following Centerstone locations:



### Madison

620 Gallatin Pike South  
Madison, TN 37115  
(615) 460-4333



### Clarksville

511 Eighth Street  
Clarksville, TN 37040  
(931) 920-7263

Call today to schedule your first appointment.

*I wouldn't be here if it wasn't for Centerstone. I thought I was never going to be able to change. Centerstone sticking by me changed my life. They gave me the tools so I wouldn't have to depend on drugs or alcohol—the encouragement to do what I need to do.*

—April B.

## About Centerstone

Centerstone is a not-for-profit health care organization dedicated to delivering care that changes people's lives. We are a nationally recognized leader, providing mental health and substance use treatment, related crisis care, education and support to people of all ages in communities in Florida, Illinois, Indiana, Kentucky and Tennessee. Nationally, we offer specialized care for service members, veterans and their loved ones, and develop employee assistance programs for businesses of all sizes. Our research institute improves behavioral health care through research, evaluation and technology, and our foundation secures philanthropic resources to support our work. For more information about Centerstone, please call (888) 291-4357 or visit centerstone.org.