



TDMHSAS HOMEBUILDERS

From Immediate Safety Concerns to Restoration

HOMEBUILDERS is an evidence-based program that offers intensive family preservation services (IFPS) with the goal of resolving immediate crises and preventing unnecessary out-of-home placement of children.

Homebuilders offers trauma-informed family and individual counseling with 24/7 crisis intervention to address concerns that may lead to out-of-home placement for children. Our trauma-informed, family-centered services are delivered directly in the home and community at times that are convenient for the family. Services are flexible, allowing meetings to be scheduled according to the family's availability and preferred environment.

Additionally, HOMEBUILDERS provides post-program referrals for further services as needed, such as outpatient therapy, intensive outpatient program (IOP), and parenting classes.

What to expect

- 40 hours of direct services in the home (or in the community, as needed) over a span of four weeks.
- Assistance in developing and addressing goals to help prevent out-of-home placement.
- Help with family needs such as housing, employment, transportation, and more.
- Services to improve skills in parenting techniques, relapse prevention, mental health, communication, child behavior management, and more.
- Provides your family with an advocate to attend necessary meetings with the family, including those related to school, medical appointments, DCS interactions, court appearances, and more.
- Services that are customized to meet the specific needs of each family and grounded in evidence-based practices.

Eligibility

- Children must be at **imminent** risk of out-of-home placement and have an open, active DCS case.
- Caregiver challenges with substance use.
- At least one caregiver in the household must be available and willing to engage in intensive 40 hours of direct service over a period of four weeks.
- Family is available to complete intake within 24 hours.

Referrals

Referrals may be submitted by email, phone, or the online referral form, which is provided below.

Rachelle Summerhill, Program Manager
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(931) 247-1432

Maria Riddle, Program Supervisor
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(615) 686-8043

Online referral form:
https://redcap.link/simple_referral_HB

Serving Bedford, Coffee, Franklin, Giles, Hickman, Lawrence, Lincoln, Marshall, and Maury Counties. This service is grant funded and is provided free of charge to the families receiving HOMEBUILDERS services.

About Centerstone

Centerstone is a nonprofit health system specializing in mental health and substance use disorder treatments for people of all ages. Services are available in Florida, Illinois, Indiana, North Carolina, and Tennessee through the operation of outpatient clinics, residential programs, school-based services, telehealth, and an inpatient hospital. Centerstone also offers specialized programs available nationwide for the military community, as well as services for children, including therapeutic foster care. Centerstone's Institute provides guidance through research and technology, leveraging the best evidence-based practices for use across our communities. Centerstone's Foundation secures philanthropic resources to support the work and mission of delivering care that changes people's lives.

