



Centerstone Housing Services

Centerstone Housing Services are available to adults age 18 or older with a history of mental illness who are in need of a safe and stable place to live. These services include both supervised and unsupervised options, each designed to help guide residents toward more independent living and improved whole-person health.

Centerstone offers more than 250 total beds across many types of homes throughout Middle Tennessee. Our team of professionals is dedicated to providing high quality, affordable housing along with compassionate care for each of our residents. Services are paid for by insurance, self-pay and grant funding (in select locations). Types of housing offered include:

Supervised Housing (24/7 awake staffing)

- **Supported Housing** – for individuals in transition from psychiatric hospitalization or unstable living situations; services include daily social and life skills training, coordinated whole-person health care, social outings, group activities and more
- **Enhanced Supported Housing** – specialized homes with additional staffing, available for those needing more hands-on care due to unique medical and/or mental health needs
- **Medically Fragile Supported Housing** – specialized homes with additional staffing, designed for individuals who require the assistance of a mobility device or experience vision or hearing impairment

Independent Living

- **Apartments** – affordable, independent housing where residents are responsible for their daily activities while receiving ongoing support from Centerstone as needed
- **Congregate Living** – cooperative housing environment with shared central living quarters; residents are supported by a Centerstone Housing Specialist

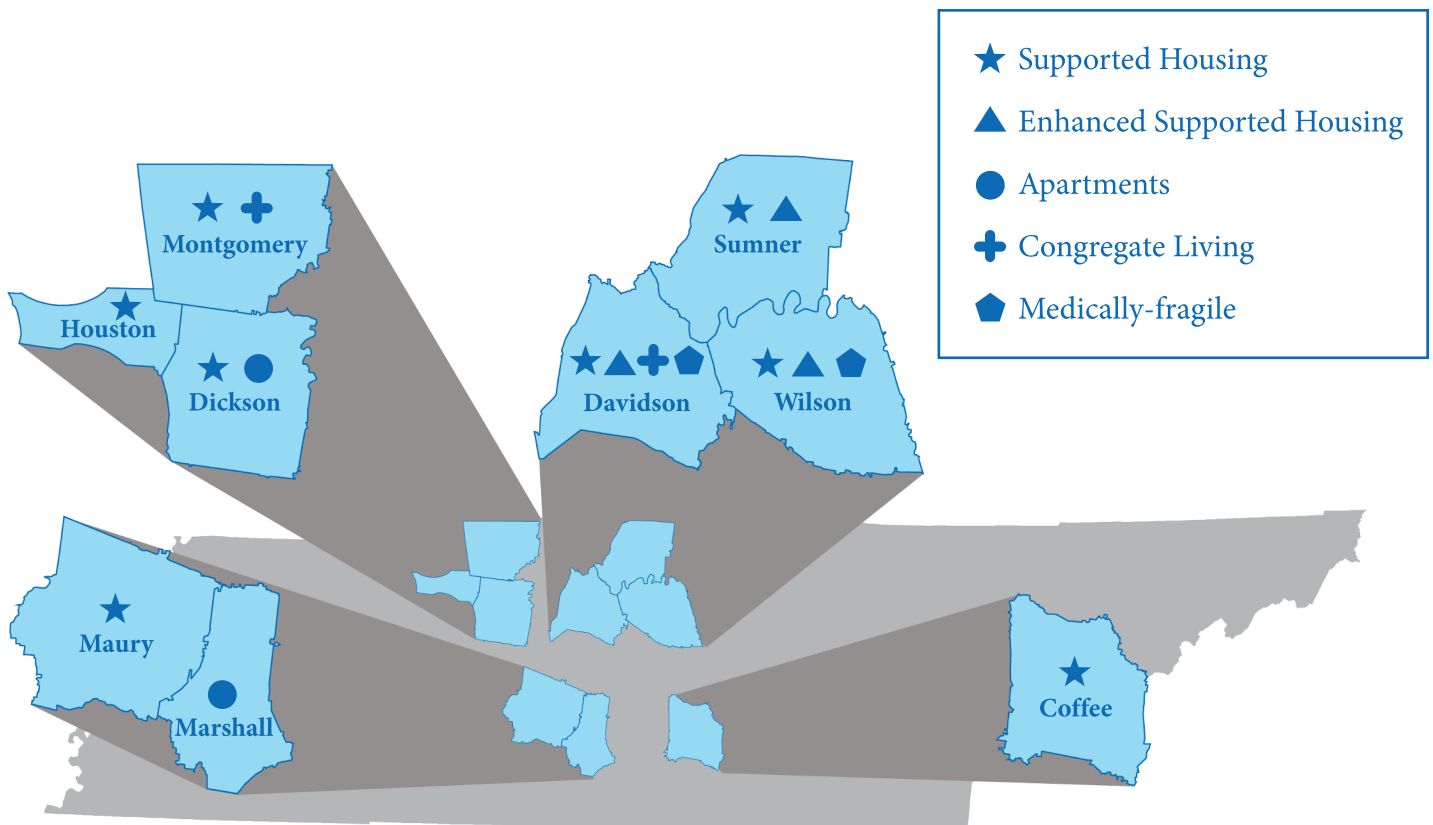
[For more information or to make a referral:](#)

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centerstone.org/housing

Tennessee Counties with Centerstone Housing Services



About Centerstone

Centerstone is a not-for-profit health care organization dedicated to delivering care that changes people's lives. We provide mental health and substance abuse treatment, education and support to communities in Florida, Georgia, Illinois, Indiana, Kentucky, and Tennessee and additionally offer individuals with intellectual and developmental disabilities life skills development, employment and housing services. Nationally, we have specialized programs for service members, veterans and their loved ones, and develop employee assistance programs for businesses of all sizes. Centerstone's Research Institute improves behavioral healthcare through research and technology. Centerstone's Foundation secures philanthropic resources to support our work. For more information, visit centerstone.org.