



CENTERSTONE

centerstone.org/housing



Contact Us

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For independent living:

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About Centerstone

Centerstone is a not-for-profit health care organization dedicated to delivering care that changes people's lives. We are a nationally recognized leader, providing mental health and substance use treatment, related crisis care, education and support to people of all ages in communities in Florida, Illinois, Indiana, Kentucky and Tennessee, and offer individuals with intellectual and developmental disabilities life skills development, employment and housing services in Illinois and Kentucky. Nationally, we offer specialized care for service members, Veterans and their loved ones, and develop employee assistance programs for businesses of all sizes. Our research institute improves behavioral health care through research, evaluation and technology, and our foundation secures philanthropic resources to support our work. For more information about Centerstone, please call 888.291.4357 or visit centerstone.org

Centerstone Housing Services

Centerstone Housing Services are available to adults age 18 or older with a history of mental illness who are in need of a safe and stable place to live. These services include both supervised and unsupervised options, each designed to help guide residents toward more independent living and improved whole-person health.

Centerstone offers more than 230 total beds across many types of homes throughout Middle Tennessee. Our team of professionals is dedicated to providing high quality, affordable housing along with compassionate care for each of our residents. Services are paid for by insurance, self-pay and grant funding (in select locations). Types of housing offered include:

Supervised Housing (24/7 awake staffing)

- Supported Housing - for individuals in transition from psychiatric hospitalization or unstable living situations; services include daily social and life skills training, coordinated whole-person health care, social outings, group activities and more
Enhanced Supported Housing - specialized homes with additional staffing, available for those needing more hands-on care due to unique medical and/or mental health needs

Independent Living

- Apartments - affordable, independent housing where residents are responsible for their daily activities while receiving ongoing support from Centerstone as needed
Congregate Living - cooperative housing environment with shared central living quarters; residents are supported by a Centerstone Housing Specialist

TENNESSEE COUNTIES WITH CENTERSTONE HOUSING SERVICES

