Crisis Stabilization Unit Pre-Admission Assessment

Centerstone Crisis Stabilization Unit
403 Municipal Dr., Carterville, IL 62918 | (618) 319-6069

The Centerstone Crisis Stabilization Unit (CSU) is available as a supportive post-hospitalization program for clients discharging from in-patient psychiatric care or a step toward recovery after a mental health crisis when a hospital stay is not necessary. The length of stay is typically seven to ten days and is voluntary. Referrals and direct admissions from hospitals, primary care physicians, mental health clinicians, or community mental health centers are available 24 hours per day, seven days per week.

CSU Recovery Support Specialists offer intensive individual and group programming that promotes hope, growth, and improved quality of life. The compassionate environment enables clients to utilize their support systems and build resiliency to help them manage symptoms and connect with community resources that will strengthen their recovery.

To begin the referral process, contact the Centerstone CSU at (618) 319-6069 and mention that you would like to complete a referral from your mental health hospital or facility, or have the client walk into any Centerstone office for a crisis assessment. Walking in for an assessment does not guarantee a bed or stay at the CSU. You must meet criteria and there must be an available bed.