Early Head Start
ANNUAL REPORT
September 1, 2018 - August 31, 2019
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Early Headstart Locations

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West Frankfort, IL 62896  Marion, IL 62959
Phone: (618) 937-6483  Phone: (618) 997-5336
Fax: (618) 937-1440  Fax: (618) 997-5989

About Centerstone

Centerstone is a not-for-profit health system providing mental health and substance use disorder treatments. Services are available nationally through the operation of outpatient clinics, residential programs, the use of telehealth and an inpatient hospital. Centerstone also features specialized programs for the military community, therapeutic foster care, children’s services and employee assistance programs. Centerstone’s Research Institute provides guidance through research and technology, leveraging the best practices for use in all our communities. Centerstone’s Foundation secures philanthropic resources to support the work and mission of delivering care that changes people’s lives.
The Early Head Start Team is dedicated to providing high quality education services to children and families across Franklin and Williamson counties. Home Visitors deliver weekly visits using Partners for a Healthy Baby curriculum, provide group activities and deliver support to meet the individualized needs of families.

This could mean...

- helping a family get into affordable housing
- providing safe sleep space for an infant
- assisting with transportation to medical appointments
- supporting a parent as an advocate for their child with disabilities
- travelling with a family to St. Louis and assisting as they navigate systems to obtain care for their child with special needs
- helping a parent complete applications for various services
- working together with families to make fun meals together
- providing a safe relationship for parents to share concerns as well as hopes and dreams
- leading families on special adventures at libraries, parks, pools, pumpkin patches and the zoo
- bringing the joy of learning to families!

Centerstone Early Head Start delivers care that changes people's lives!
Program Service Goals

Centerstone Early Head Start prepares children to be successful in prekindergarten, school, and life. Program goals for 2018 – 2019 reflected this commitment.

Children will be healthy
- have a medical home
- have a dental home
- receive dental treatment as needed
- meet EPSDT requirements

Children will be ready to learn
- drink from open cup
- brush teeth with adult assistance
- feed self
- wash hands
- use toilet independently

Children will successfully transition from home based EHS to center based Head Start or prekindergarten
- School Readiness goals across the five essential domains of development
Parent and Community Engagement Activities

Thank you to all our community partners! Addressing the needs of each individual family is no small task and we couldn’t do it without the support of others within the community. Below are just a few partners who help us address the needs of Early Head Start families. Together, we deliver life changing services to children and their families.

- BCMW Head Start
- Benton Public Library
- Boyton Street Community Center
- Caregiver Connections
- Caritas Family Solutions
- Centerstone Foundation
- Child and Family Connections
- IL Department of Children & Family Services
- Early On Early Intervention
- Franklin County Housing Authority
- Franklin Jefferson Special Education District
- Franklin-Williamson Bi-County Health Department
- H&R Block
- Heartland Pediatrics Association
- Heartland Regional Medical Center
- Heartland Women’s Health
- Herrin Public Library
- ISBE Homeless Liaison
- Lutheran Social Services of Illinois
- JALC Continuing Education
- JALC Child Care Resource & Referral
- ManTraCon
- Marion Carnegie Library
- The Night’s Shield Children’s Center
- Pediatric Group
- Poshard Foundation
- Pregnancy Matters
- Prevent Child Abuse Illinois
- Salvation Army
- Shawnee Health Service
- Shawnee Healthy Families
- SIUC Head Start
- SIUC Dental Hygiene Program
- SIUC Community Dental Center
- SIUC Early Childhood Education Department
- SIUC Nutrition Department
- Southern Illinois Healthcare
- Southern Region Early Childhood Program
- The Lighthouse Shelter
- University of Illinois Extension
- Williamson County Early Childhood Cooperative
- Williamson County Special Education District
- West Frankfort Public Library
Early Head Start Dental Clinics

Southern Illinois University is an important resource to the entire region and Centerstone Early Head Start families benefit from many of its programs and services. Twice a year, the SIU Community Dental Center generously provides on-site dental clinics to our families at the Marion Family Center. Children attend with their parents and receive free dental exams, fluoride varnish treatment, and toothbrushes. Following the exam, parents receive specific information about their child’s oral health needs from the pediatric dentist. Dental hygiene students also provide parent education specifically related to the age and needs of each child. Participating in dental clinics helps Early Head Start meet performance standards, but most importantly helps families establish healthy habits and gives children a healthy start in life.

Thank you to Dr. Amy M. Wyatt, Clinical Assistant Professor of Dental Hygiene and Renee Lipe, Community Dental Center Coordinator as well as SIU Dental Hygiene students!
Family Feast 2018 – 2019

Thank you to Illinois State Representative Dave Severin for joining us during the 2018 – 2019 Early Head Start Family Feast. Representative Severin has shown longstanding commitment to Centerstone, its programs and the children and families we serve. The annual Family Feast is always a special event for Early Head Start families and staff. All enrolled families are invited to attend the gathering which honors and celebrates the season of winter holidays and the tradition of giving thanks. In 2018 – 2019, a special holiday meal was catered by the Herrin House of Hope which is an important resource to many families within Williamson County. The event also included family activities and Parent Committee meetings for the election of parent representatives to the Early Head Start Policy Council. The event is possible thanks to the generous support from the Centerstone Foundation.
We appreciate our Early Head Start Policy Council Representatives. Thank you to all the parents and community members who served during 2018 – 2019.

Jonette Eagles, Chair
Sonia Barnett, Vice Chair
Juanita Abney
Tim Gassel
Tammy Gordon
Michelle Harris
Tesia Kugler

Chelsie McClain
Crystal Newcomb
Kimco Schneider
LeAnn Taylor
Ralph Taylor
Molly Walters
Carol Zwick

A special thank you to our Early Head Start Advisory Committee members who also serve on the Centerstone of Illinois Board of Directors.

Bonnie Brackett
Jonette Eagles
Carol Zwick

### Parent Engagement Activities

- Home Visits
- Group Socializations
- Cooking Classes
- Nutritional Experiences
- Pumpkin Patch Trip
- Zoo Trip
- Family Feast
- CPR Classes
- Family Goal planning and support
- Parent Committee Meetings
- Policy Council Meetings
- Health Services Advisory Committee

### 2018 – 2019 Enrollment Information

Total number of children served: 140

Total number of pregnant women served: 9

Average monthly enrollment: 96% (full enrollment 10 of 12 months)

Average monthly waitlist number: 16 eligible children or pregnant women

Eligible children and pregnant women served: 80%

Centerstone Early Head Start serves some of the most vulnerable populations within Franklin and Williamson counties of Illinois.
Comparative Analysis of Family Information from Program Information Reports for Early Head Start Programs
2018–2019

|------------------------------------------------------|-------------------------|-----------------------|-----------------------|--------------------|
| Total Number (Cumulative Enrollment)                 | 1140 Children*  
112 Families | 11,858 Children  
9,558 Families | 43,283 Children  
34,902 Families | 246,049 Children  
206,572 Families |
| TANF Families (At enrollment)                         | 13%                     | 6%                    | 9%                    | 10%                |
| SSI Families (At enrollment)                          | 20%                     | 6%                    | 9%                    | 7%                 |
| WIC Families (At enrollment)                          | 76%                     | 55%                   | 65%                   | 79%                |
| SNAP Families (At Enrollment)                         | 71%                     | 46%                   | 50%                   | 50%                |
| Families Experiencing Homelessness (Throughout enrollment) | 8%                     | 6%                    | 8%                    | 9%                 |
| Children Experiencing Homelessness (Throughout enrollment) | 9%                     | 6%                    | 8%                    | 8%                 |
| Children in Foster Care (Throughout enrollment)       | 16%                     | 3%                    | 6%                    | 5%                 |
| Child Welfare Referral (Percentage of enrollment)     | 17%                     | 2%                    | 4%                    | 4%                 |
2018 – 2019 Medical & Dental Services Information

- Health insurance: 100%
- Continuous, accessible health care: 100%
- Continuous, accessible dental care provided by a dentist: 68%
- Up-to-date on EPSDT schedule for dental care: 69%
- Up-to-date on EPSDT schedule for well child care: 61%
- Up-to-date with required age appropriate immunizations: 61%

Children with Disabilities

At least 10% of children enrolled in the program must be eligible for disabilities services through the Early Intervention system and have an Individualized Family Service Plan. Centerstone Early Head Start served 29 children with an IFSP.

2018 – 2019 Assessment of School Readiness

Children’s progress in meeting School Readiness goals was measured throughout the year using Teaching Strategies GOLD Online Assessment Tool. Below are the final measures of progress across the five essential domains of development including Language and Literacy, Cognition and General Knowledge, Approaches to Learning, Physical Well Being and Motor Development, and Social and Emotional Development. Percentages represent the number meeting or exceeding expectations for each skill. Below is a measure of the average scores across each domain.

- Approaches to Learning – 96%
- Physical Development – 94%
- Social and Emotional – 88%
- Cognition and General Knowledge – 85%
- Language and Literacy – 85%

<table>
<thead>
<tr>
<th>Approaches to Learning, 96% average</th>
<th>Objective</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage</td>
<td></td>
</tr>
<tr>
<td>100%</td>
<td>Attends and engages</td>
</tr>
<tr>
<td>98%</td>
<td>Solves problems</td>
</tr>
<tr>
<td>96%</td>
<td>Shows persistence during play and learning</td>
</tr>
<tr>
<td>96%</td>
<td>Shows curiosity and motivation</td>
</tr>
<tr>
<td>90%</td>
<td>Shows flexibility and inventiveness in thinking</td>
</tr>
<tr>
<td>Physical Development and Health, 94%</td>
<td></td>
</tr>
<tr>
<td>-------------------------------------</td>
<td></td>
</tr>
<tr>
<td><strong>Percentage</strong></td>
<td><strong>Objective</strong></td>
</tr>
<tr>
<td>98%</td>
<td>Uses writing and drawing tools</td>
</tr>
<tr>
<td>98%</td>
<td>Demonstrates traveling skills</td>
</tr>
<tr>
<td>92%</td>
<td>Uses fingers and hands</td>
</tr>
<tr>
<td>92%</td>
<td>Demonstrates gross-motor manipulative skills</td>
</tr>
<tr>
<td>92%</td>
<td>Demonstrates balancing skills</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Social and Emotional, 88%</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Percentage</strong></td>
</tr>
<tr>
<td>98%</td>
</tr>
<tr>
<td>94%</td>
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<tr>
<td>90%</td>
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<td>90%</td>
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<tr>
<td>88%</td>
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<tr>
<td>85%</td>
</tr>
<tr>
<td>81%</td>
</tr>
<tr>
<td>77%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Cognition and General Knowledge, 85%</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Percentage</strong></td>
</tr>
<tr>
<td>98%</td>
</tr>
<tr>
<td>96%</td>
</tr>
<tr>
<td>96%</td>
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<tr>
<td>94%</td>
</tr>
<tr>
<td>87%</td>
</tr>
<tr>
<td>75%</td>
</tr>
<tr>
<td>73%</td>
</tr>
<tr>
<td>63%</td>
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</tbody>
</table>
### Language and Literacy, 85%

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Objective</th>
</tr>
</thead>
<tbody>
<tr>
<td>100%</td>
<td>Uses and appreciates books</td>
</tr>
<tr>
<td>100%</td>
<td>Demonstrates emergent writing skills</td>
</tr>
<tr>
<td>98%</td>
<td>Follows directions</td>
</tr>
<tr>
<td>90%</td>
<td>Uses letter-sound knowledge</td>
</tr>
<tr>
<td>88%</td>
<td>Speaks clearly</td>
</tr>
<tr>
<td>88%</td>
<td>Comprehends language</td>
</tr>
<tr>
<td>88%</td>
<td>Uses emergent reading skills</td>
</tr>
<tr>
<td>85%</td>
<td>Interacts during read-aloud and book conversations</td>
</tr>
<tr>
<td>85%</td>
<td>Uses print concepts</td>
</tr>
<tr>
<td>83%</td>
<td>Uses an expanding expressive vocabulary</td>
</tr>
<tr>
<td>81%</td>
<td>Notices and discriminates alliteration</td>
</tr>
<tr>
<td>81%</td>
<td>Identifies and names letters</td>
</tr>
<tr>
<td>71%</td>
<td>Notices and discriminates rhyme</td>
</tr>
<tr>
<td>69%</td>
<td>Engages in conversations</td>
</tr>
<tr>
<td>63%</td>
<td>Uses social rules of language</td>
</tr>
</tbody>
</table>

### Transition Services

Ensuring children transition successfully, upon turning three years old, is a program goal of Centerstone Early Head Start. Work toward this goal begins when children first enroll in the program. Together with parents, we begin building skills which will support children as they move into the next setting whether it is Head Start, state based prekindergarten, early childhood, or another preschool program. Throughout enrollment, home visits include skill building activities which support growth across all the domains of children’s development. As children near their third birthday, home visitors and parents continue to work together to prepare for successful transition.

During 2018–2019, transition events were held at both Head Start centers where many of our children attend once they turn 3 years old. Children and parents were given opportunities to meet teachers and other staff, ask questions, explore classrooms, and learn about schedules and routines. The transition events were fun and engaging ways to help prepare children and parents for success as they leave Early Head Start. We prepare children for success in transitions and in life!
Audits and Federal Reviews

The most recent financial audit of Centerstone of Illinois, Inc. was conducted by LBMC. On December 11, 2019 they issued an unqualified report.

Centerstone Early Head Start remains in good standing with the U.S. Department of Human Services Administration for Children and Families Office of Head Start. As part of the Office of Head Start Monitoring System, Danya International conducted federal reviews in Fiscal Year 2016 with no areas of noncompliance found in either review. No further reviews have been conducted.

2018 – 2019 Centerstone of Illinois, Inc. Early Head Start Funding

Department of Health & Human Services Administration for Children and Families
Office of Head Start Federal Grant $723,985
Training & Technical Assistance Funds $16,937
Non–Federal Share (Centerstone Match) $185,231
Grant Total $926,153

Early Head Start Actual Spending to Budget

<table>
<thead>
<tr>
<th>Category</th>
<th>Actual</th>
<th>Budget</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personnel Salaries and Fringe Benefits</td>
<td>$542,600</td>
<td>$540,576</td>
</tr>
<tr>
<td>Contractual Nutrition &amp; Mental Health Consultation, and other contracts such as data tracking systems</td>
<td>$10,919</td>
<td>$9,987</td>
</tr>
<tr>
<td>Consumable Supplies Food, Educational, Office and Cleaning Supplies</td>
<td>$20,904</td>
<td>$15,602</td>
</tr>
<tr>
<td>Occupancy, Telecommunications Natural gas, electricity, water, building repairs, janitorial services, cell phones, telephone, internet, and equipment leases</td>
<td>$36,476</td>
<td>$31,321</td>
</tr>
<tr>
<td>Transportation Lease &amp; gas for vehicles, auto insurance, car repairs</td>
<td>$36,626</td>
<td>$38,500</td>
</tr>
<tr>
<td>Other Postage, liability/property/casualty insurance, Policy Council food, depreciation, TB testing, computer hardware/software, recruiting, interest expense, and allocated administrative costs.</td>
<td>$76,460</td>
<td>$87,999</td>
</tr>
</tbody>
</table>