



"When Centerstone stepped in, I didn't know what was going to happen, but it felt good to not be alone. Centerstone was there every step of the way. It was like have a whole team of cheerleaders behind me."

- Alissan, Centerstone Patient



Ben Middleton REGIONAL CHIEF EXECUTIVE OFFICER, TENNESSEE

"To me, access to services and care is the core of everything we do. The fact that we've created an opportunity for more people to get access to the services they need is what I'm most proud of in our work this year. Expanding mental health and substance use disorder services and supporting

families and children through our school based therapists and therapeutic foster care program means that we can continue our increased access to care and I'm excited to move that forward in the new year."

Fiscal Year 2024

Tennessee Impact Report

Centerstone is a nonprofit health system providing mental health and substance use disorder treatments. Services are available nationally through the operation of outpatient clinics, residential programs, the use of telehealth, and an inpatient hospital.

Accomplishments

- Began construction on Centerstone's new Crisis Stabilization Unit (CSU) and Crisis Walk-In Center in Clarksville. Once open in 2025, this facility will have 15 beds and provide intervention and stabilization services to people in crisis.
- Expanded adult residential services resulting in seven new supported housing facilities which total 54 beds.
- Selected as an inaugural member of Tennessee Governor Bill Lee's Every Child Tennessee program, a statewide initiative to mobilize all Tennesseans to care for children, youth and families impacted by foster care. Centerstone will be part of a network of foster care providers that will focus on recruiting and retaining foster care families, helping children, youth, and families with transitions, and accessing resources and support.
- Received \$1,155,796 in Infrastructure Grants from the State of Tennessee to renovate Centerstone's Lewisburg Clinic and to make facility improvements to clinics in Columbia and Tullahoma.
- Implemented a new clinical assessment model that reduced the waiting period for clinical assessments requests from patients from an average of 10 days to just 3 days.
- Awarded a 4-year \$4,000,000 Substance Abuse and Mental Health Services Administration (SAMHSA) Certified Community Behavioral Health Clinic Grant (CCBHC) to expand mental health and substance use services in Tullahoma, Tennessee.
- Awarded a 5-year \$4,000,000 Substance Abuse and Mental Health Services Administration (SAMHSA) Treatment Drug Court Grant to expand substance use disorder treatment capacity in adult drug courts in Fayetteville, Tennessee.
- Placed 20 school-based behavioral health liaisons in 14 Tennessee counties as a part of the Tennessee Department of Mental Health and Substance Abuse Services initiative to identify one behavioral health liaison in each of Tennessee's 95 counties. These liaisons provide behavioral health supports in schools through teacher trainings, family engagement, and clinical support for students.
- Served 167 children through Centerstone's therapeutic foster care program with 37 new admissions, 8 adoptions, and 25 reunifications.

Revenue

Crisis Services Outpatient Medical Services Counseling Services Community Based Services Psychosocial Pharmacy Other Programs **TOTAL** \$19,466,657 \$6,386,317 \$28,589,079 \$30,440,422 \$16,734,624 \$24,253,695 \$21,749,778 \$147,620,572



Matthew Hardy **REGIONAL CHIEF OPERATING** OFFICER, TENNESSEE

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Highlights

Addiction can look different for everyone. Centerstone is proud to offer a variety of treatment options and hope in recovery for each person who comes to us for care.

Centerstone's Medication-Assisted Treatment (MAT) supports people experiencing substance use disorder, including addictions to opioids and alcohol use. By using medications combined with counseling and behavioral therapies, we provide a whole-person approach to care. Staff with specialized addiction training engage in clinicbased services, and patients enrolled in MAT have a treatment team consistent with their level of need. Services include medication management, individual and group therapy, case management, and peer support.

MAT is provided primarily in Centerstone's Clarksville, Tullahoma, and Estill Springs clinics, but we also have patients who receive MAT services via telehealth which extends access to care to more patients in need across our state.

