

OPIOID USE INFORMATION

Opioid Overdose Symptoms



- Unresponsive or loss of consciousness
- Awake but unable to talk
- Breathing is slow, shallow, erratic or has stopped
- Skin tone is blue/purple (light-skinned people) or gray/ash (dark-skinned people)
- Choking sounds or snore-like gurgling noise
- Vomiting
- Limp body
Fingernails and lips are blue or purple-black
- Heartbeat (pulse) is slow, erratic or has stopped
- If you suspect an overdose, call 911

Use and Administration of Narcan



Narcan

- A medication that blocks the effects of opioid overdose in an emergency
- Narcan is available to be purchased from a pharmacy without a prescription
- Many agencies have funding to provide Narcan to individuals without any cost
- See Quick Start Guide as a reference for using Narcan Nasal Spray

Medication-Assisted Treatment

- The most common medications used for treating opioid addiction are **methadone** (a liquid), **buprenorphine** (a film placed under the tongue or a pill as known as Suboxone) and **naltrexone** (an injection as known as Vivitrol).
- When taking **methadone** or **buprenorphine**, the individual will feel stable—not high—and withdrawals will not occur.
- **Naltrexone** helps by blocking the effects of the opioid drugs (the feeling of getting high) and is a good relapse prevention aid.
- Recovery is possible!

MORE INFORMATION

For more information about opiate addiction and treatment options, call:
Illinois Helpline - 833-2FINDHELP | SAMHSA National Helpline - (800) 662-4357



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NARCAN[®] (naloxone HCl) **NASAL SPRAY**

QUICK START GUIDE **Opioid Overdose Response Instructions**

Use NARCAN[®] (naloxone hydrochloride) Nasal Spray for known or suspected opioid overdose in adults and children.

Important: For use in the nose only.

Do not remove or test the NARCAN Nasal Spray until ready to use.



1 Identify Opioid Overdose and Check for Response

Ask person if he or she is okay and shout name.

Shake shoulders and firmly rub the middle of their chest.

Check for signs of an opioid overdose:

- Will not wake up or respond to your voice or touch
- Breathing is very slow, irregular, or has stopped
- Center part of their eye is very small, sometimes called “pinpoint pupils”

Lay the person on their back to receive a dose of NARCAN Nasal Spray.



2 Give NARCAN Nasal Spray

REMOVE NARCAN Nasal Spray from the box.

Peel back the tab with the circle to open the NARCAN Nasal Spray.

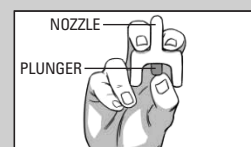
Hold the NARCAN Nasal Spray with your thumb on the bottom of the red plunger and your first and middle fingers on either side of the nozzle.

Gently insert the tip of the nozzle into either nostril.

- Tilt the person’s head back and provide support under the neck with your hand. Gently insert the tip of the nozzle into **one nostril**, until your fingers on either side of the nozzle are against the bottom of the person’s nose.

Press the red plunger firmly to give the dose of NARCAN Nasal Spray.

- Remove the NARCAN Nasal Spray from the nostril after giving the dose.



3 Call for emergency medical help, Evaluate, and Support

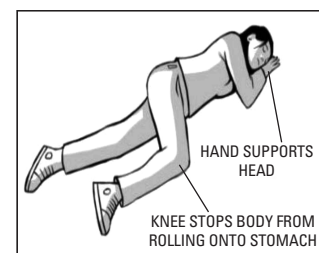
Get emergency medical help right away.

Move the person on their side (recovery position) after giving NARCAN Nasal Spray.

Watch the person closely.

If the person does not respond by waking up, to voice or touch, or breathing normally another dose may be given. NARCAN Nasal Spray may be dosed every 2 to 3 minutes, if available.

Repeat Step 2 using a new NARCAN Nasal Spray to give another dose in the other nostril. If additional NARCAN Nasal Sprays are available, repeat step 2 every 2 to 3 minutes until the person responds or emergency medical help is received.



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For more information about NARCAN Nasal Spray, go to www.narcan.com, or call 1-844-4NARCAN (1-844-462-7226). You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

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