



Next Steps:

A Weekly Information Session Prior to Therapy

Tuesdays | 5:00 p.m. – 6:00 p.m.
at the Cohen Clinic at Centerstone
775 Weatherly Drive, Clarksville, TN 37043

Led by:
Kendra Lee, MSW

Topics to be covered include:

- What is Evidence Based Practice?
- Explanation of screeners and assessments during intake and how progress is tracked.
- Self-Care
- Mindfulness
- Coping Skills
- Local Area Resources and Outreach opportunities in this community.

Enrollment is free.

*For more information, call: 931-221-3850
or email: cohen@centerstone.org*



The Steven A. Cohen
Military Family Clinic
at Centerstone