



Nurturing Parenting

Philosophy and Practices Workshop

The Cohen Clinics at Centerstone are proud to present an eight-session parenting workshop derived from the philosophies of the Nurturing Parenting Program. Parents, guardians, and parents-to-be are invited to take part in this unique experience designed to improve relationships with children and foster nurturing family life. Special attention will be paid to military-specific issues such as reuniting post-deployment and PTSD.

Facilitators: Alcanna Davis, MSW and Melissa Frost, MS, LMFT

Classes are held on Mondays.

11:00am - 1pm CT (12:00pm - 2pm ET)

January 13th - March 10th

This is a psychoeducational group and is open to all parents and guardians. Enrollment is free.

Classes will be presented online using the Zoom platform. To register, please visit:
<https://form.jotform.com/223324940368154>



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The Steven A. Cohen
Military Family Clinic
at Centerstone