## **Preventing Youth Suicide:**

# An immersive training experience for community and youth leaders



### Recognize

suicide risk using ITS as core guide.

### Engage

in conversation in suicide-specific way.

### Listen

with empathy for someone's suicide story and personhood.

Assess

for ideation, plan, intent, and each ITS component.

### Transition to Care

by making a referral to care.

Evaluate

your experience as a gatekeeper. Encourage others.

#### **Remember the Core Constructs**



#### The Interpersonal Theory of Suicide (ITS)

#### Centerstone Crisis Services:

Florida - (941) 782-4617 Illinois - (855) 608-3560 Indiana - (800) 832-5442 Tennessee - (800) 681-7444

#### National Suicide Prevention Lifeline:

1-800-273-TALK (8255)

