

# Regional Intervention Program (RIP)



## Parenting that works!

Parenting preschoolers isn't always easy. When behavioral issues become serious or prolonged, Centerstone Early Childhood Services can help.

The Regional Intervention Program (RIP) is a parent-implemented, professionally-supported program for young children ages 1 to 5 and their families who are experiencing challenging behaviors. Since 1969 this unique, internationally-recognized program has guided parents in learning the skills to work with their own children while they receive training and support from experienced RIP families.

We can help with the following areas of challenging behavior:

- Tantrums, screaming
- Not following directions, stubbornness
- Aggression, destructive behavior
- Withdrawn behavior
- Hyperactivity, not paying attention
- Bedtime or sleeping problems
- Trouble with potty training

## Our Services

Centerstone's RIP is designed to meet the specific needs of each family we serve. Families practice learned skills through sessions in our office then apply them at home, school and other community settings. These services are available in Maury and Montgomery Counties.

### Family services include:

- Training in positive behavior management skills through parent and child sessions
- Specialized classrooms where children learn social skills needed for successful school adjustment, peer interaction and performance
- Consultation with the child's teachers to assist with positive behavior changes
- Individualized behavior plans that promote success in community settings

Caring for people at every stage of life, Centerstone offers comprehensive, high-quality services for all ages. Our experts help develop a custom-fit approach for everyone we serve.

## Cost of Service

Services are provided free of charge. Call us to learn more. This project is funded by the Tennessee Department of Mental Health and Substance Abuse Services.

## Our Staff

Centerstone has a vested interest in working with you and your child. Our staff are highly skilled parenting experts, with some having personally engaged in RIP with their own child. Our years of experience can help build a brighter future for your child and your family.

## Eligibility

The Regional Intervention Program is available to children ages 1 to 5 and their families. If you are the parent or caregiver of a young child and have concerns about inappropriate or problematic behavior, you may qualify for these free services.

## What to Expect

Parents and children will be expected to attend two classes each week until family goals are met. At least one enrolled parent must participate with their child.

## Location and Schedule

**Centerstone - North Region**  
404 Pageant Lane, Clarksville, TN 37040  
Phone: (931) 920-2347

Tuesdays and Thursdays  
10:00 A.M. - 12:00 p.m.  
3:00 - 5:00 p.m.  
5:00 - 7:00 p.m.

**Centerstone - South Region**  
1222 Medical Center Drive, Columbia, TN 38401  
Phone: (931) 490-1556

Tuesdays and Thursdays  
9:00 - 11:00 a.m.  
3:00 - 5:00 p.m.  
4:00 - 6:00 p.m.

**For more information about our Early Childhood Services, please visit [centerstone.org/earlychildhood](https://centerstone.org/earlychildhood)**