

**Centerstone's Research Institute**, established in 2008, supports the Centerstone mission of *delivering care that changes people's lives* by advancing the science of behavioral health care and increasing the speed of access for individuals. This is achieved by empowering clinicians to provide the best care reinforced by the latest advancements and evidence-based practices.

The Research Institute comprises three divisions – the Center for Clinical Excellence, Research and Evaluation and Clinical Informatics – and is led by CEO Richard Shelton, MD, who also serves as Chief Medical Officer for Centerstone. Under Dr. Shelton's guidance, the Research Institute works with clinical teams to enhance the quality and effectiveness of care for individuals and families facing behavioral health disorders.

## History

Although not formally established until 2008, the Research Institute's roots can be traced back to when Centerstone first formed in 1997. Important milestones in Centerstone's history include:

- 1997** Centerstone is formed by the merger of Pinnacle Health (Columbia Area Mental Health Center, Harriett Cohn Center and Highland Rim Mental Health Center) and Dede Wallace Center in Tennessee.
- 2000** The Research Department at Centerstone is formed and conducts eight clinical studies that year.
- 2001** The Research Department receives federal-wide assurance and establishes the Institutional Review Board (IRB), chaired by Brad Nunn, PhD. The department conducts its first clinical studies with renowned schizophrenia researcher Herbert Meltzer, MD.
- 2003** Centerstone establishes a relationship with Dr. Shelton, renowned affective disorder researcher. STAR\*D study is conducted that same year to determine the sequence of Centerstone's treatment options for depression.
- 2004** The Research Department receives its first federal funding from Substance Abuse and Mental Health Services Administration (SAMHSA).
- 2005** Centerstone initiates the Knowledge Network, a technology-based, partner-driven, national alliance to facilitate the translation of research to practice.
- 2006** The Research Department begins its first study (IMPACTS) with Madhukar Trivedi, MD, renowned depression researcher. That same year, the department establishes the Research & Evaluation division to provide credible, innovative and actionable evaluation data that supports decision-making and treatment planning for clinicians.
- 2007** The Research Department launches a study looking at injectable Risperidal (Consta) for treatment-resistant schizophrenia and partners with Dr. Trivedi on a federally funded (AHRQ) Measurement-Based Care for Depression grant application to integrate CDSS into Centerstone Electronic Health Record.

## RESEARCH INSTITUTE

- 2008** Centerstone affiliates with Indiana-based Center for Behavioral Health and Quinco Behavioral Health Systems. Centerstone's Research Institute is established as a 501(c)3 organization. Denny Morrison, PhD, serves as the Research Institute's first CEO. The Knowledge Network receives more than \$2 million in committed philanthropic contributions. The Research Institute begins work on CDSS-EHR project with Dr. Trivedi.
- 2009** Dunn Mental Health Centers joins Centerstone, furthering expanding Centerstone's coverage area in Indiana. The Knowledge Network holds its inaugural summit in Nashville, Tenn.
- 2010** The Research Institute starts its first clinical research study in Bloomington, Ind., and expands research throughout the state the following year, working with Eden Evins, MD, at Harvard on a smoking cessation study with patients diagnosed with schizophrenia.
- 2012** The Research Institute establishes a Center for Clinical Excellence (CCE) division, joining the Research & Evaluation and Informatics divisions. The Center for Clinical Excellence works to identify projects that improve the quality of care and patient outcomes. The Research Institute releases the coactionHealth™ model of care; Centerstone begins piloting health home models using coactionHealth™ and federal Primary and Behavioral Health Care Integration grants. Tom Doub, PhD, is named as CEO of Centerstone Research Institute, previously serving as the organization's chief operating officer.
- 2014** The H Group joins Centerstone, adding facilities in South Central Illinois.
- 2015** Manatee Glens in Florida's South Tampa Bay joins Centerstone. The Research Institute initiates the enterprise Physician Quality Reporting System (PQRS) reporting and develops the first enterprise-wide model of care the first enterprise-wide model of care, the Adult Health Home clinical model.
- 2015** WellSpring Resources in Illinois joins Centerstone, adding facilities in the East St. Louis and Alton, IL areas.
- 2016** The Research Institute releases the Integrated Addictions Care and Adult Health Home clinical models and develops the Health Capital Scale. Centerstone pilots the Adult Health Home clinical model in Illinois and Indiana. The Research Institute leads the transition from PQRS to the Merit-Based Incentive Payment System (MIPS) across the Centerstone system. Seven Counties Services in Kentucky joins Centerstone, bringing Centerstone's reach to five primary states.
- 2017** Centerstone names Dr. Shelton CEO for the Research Institute, and Chief Medical Officer for Centerstone. Centerstone advances Adult Health Home pilots across the enterprise; Illinois and Indiana adopt the Adult Health Home model statewide. Centerstone pilots the Integrated Addictions Care model in Illinois and Indiana. The Research Institute begins development of the Crisis Response Services, Children's Health Home and Peer Support Services models and the Anxiety Clinical Pathway, and continues implementation and reporting for MIPS. As well, begins a pilot to establish measurement-based care (MBC); MBC care projects result in accurate diagnoses, utilization of treat to target outcomes measures and interval based care.
- 2018** The Research Institute develops the Youth Health Capital Scale in conjunction with the release and piloting of the Children's Health Home model. Centerstone expands service delivery to children and youth in Kentucky through an in-state merger with Uspiritus, continuing its work as a national leader in behavioral health care. ☉
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