Centerstone’s Substance Use Prevention (SUP) aims to increase the availability of high-quality alcohol, tobacco and other drug prevention services for 7th-10th graders in Jackson and Williamson counties in Illinois.

**SUP goals**
The program’s overall goals include:

- Reduce the rate of alcohol use among 7th-10th graders
- Reduce the non-medical use of prescription drugs among 7th-10th graders
- Increase and/or maintain participation of public schools in the Illinois Youth Survey (IYS)

**Illinois Youth Survey**
The IYS is a self-report survey administered in school settings and is designed to gather information about a variety of health and social indicators including substance use patterns and attitudes of Illinois youth.

The IYS reflects expertise in all aspects of the survey data collection process:

- Best practices in survey design and question wording
- Questionnaire content that keeps pace with current trends in research, practice, and prevention in various content areas
- Experience in establishing protocols and procedures
- Training materials and instructions for survey administration
- Processing, cleaning, and validating all collected data
- Assuring data confidentiality
- Data analysis at various levels

**School year objectives**

- Deliver evidence-based curricula in service areas
- Plan and execute two communication campaigns about prescription drug misuse, vaping and underage drinking
- IYS recruitment and participation
- Establish and oversee a Youth Advisory Committee
- Host two Prevention Week activities within the community
- Raise awareness of local drug take-back programs

**For more information**
Call 1-877-HOPE123 (1-877-467-3123) or visit centerstone.org.

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**About Centerstone**
Centerstone is a not-for-profit health care organization dedicated to delivering care that changes people’s lives. We provide mental health and substance abuse treatment, education and support to communities in Florida, Georgia, Illinois, Indiana, Kentucky, and Tennessee and additionally offer individuals with intellectual and developmental disabilities life skills development, employment and housing services. Nationally, we have specialized programs for service members, veterans and their loved ones, and develop employee assistance programs for businesses of all sizes. Centerstone’s Research Institute improves behavioral healthcare through research and technology. Centerstone’s Foundation secures philanthropic resources to support our work. For more information, visit centerstone.org.