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# Therapeutic Intervention, Education and Skills (TIES)

When a parent or caretaker's drug and alcohol use weakens the family and results in children becoming at risk for out-of-home placement, Therapeutic Intervention, Education and Skills (TIES) can help. This high fidelity, intensive in-home family treatment model has proven effective in helping families thrive and remain together.

#### **Treatment**

Within seven days of referral, TIES provides services to parents who are at risk of losing child custody (ages 0 to 18) due to alcohol or substance use issues or who have a child returning home from state custody. Services are provided in the home as well as in the child's school or other community locations at times most convenient for the family. These services include:

- Personalized treatment plan that addresses the needs of the family
- Crisis intervention
- Referral and assistance with substance use issues
- Intensive in-home services for all family members
- Parenting and life skills building and training
- Advocacy for the family within the community
- Emphasis on trauma recovery using the Seeking Safety model

## What to Expect

A Centerstone in-home therapist meets with an enrolled family within 24 hours of receiving a referral. After an initial assessment, the therapist works with the family to develop a personalized treatment plan that addresses specific needs and creates a safe, nurturing environment for the children.

Families receive an average of eight to ten hours of therapeutic service each week for an average of six weeks. In the event of a crisis, staff are available 24 hours a day, seven days a week.

# **Eligibility**

TIES is offered in Bedford, Coffee, Franklin, Hickman, Lawrence, Marshall and Maury counties. To be eligible:

- Parent or caregiver has a substance use issue
- Child(ren) at imminent risk for out-of-home placement due to that substance use

## Cost

For qualifying families, this service is provided at no cost.

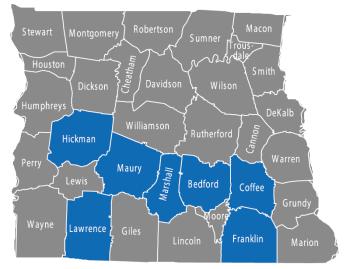
TIES is funded by a grant from the Tennessee Department of Human Services to the Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS). Referrals are provided by the Tennessee Department of Children's Services.

# Contact

TIES Enrollment: (931) 247-1432

Participant Rights: (615) 741-9476

centerstone.org/ties





#### **About Centerstone**

Centerstone is a not-for-profit health care organization dedicated to delivering care that changes people's lives. We provide mental health and substance abuse treatment, education and support to communities in Florida, Illinois, Indiana, Kentucky, and Tennessee and additionally offer individuals with intellectual and developmental disabilities life skills development, employment and housing services. Nationally, we have specialized programs for service members, veterans and their loved ones, and develop employee assistance programs for businesses of all sizes. Our research institute improves behavioral healthcare through research and technology, and our foundation secures philanthropic resources to support our work. For more information, visit centerstone.org.