



CENTERSTONE

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# Therapeutic Foster Care

Centerstone provides Therapeutic Foster Care and adoption services for children and teenagers throughout Tennessee. We are looking for loving foster parents willing to open their hearts and homes to children in need.

## Our Children

The foster children we serve are often between 12 and 18 years old, or sibling groups of all ages. Placements can be short or long term as needed. Some children need foster parents while working toward reunification with their families of origin, others need an encouraging home environment while working toward independent living. Centerstone also assists with adoption when that becomes a child's permanent goal.

## Treating Trauma through Integrated Services

Many foster children and teens have experienced trauma early in life such as physical abuse, sexual abuse or neglect. Those experiences can impair their self-esteem, ability to trust and willingness to build relationships. Centerstone is a national leader in treating trauma through integrated physical and mental health services in Therapeutic Foster Care. We help you and your child work through emotional and behavioral struggles while focusing on all aspects of the child's life including physical, educational, social, spiritual and mental wellbeing.

## Training and Support

Our foster parents complete a free comprehensive training course. They learn about the complex challenges facing children in state custody so they can better respond to each child's needs while providing a safe and supportive home.

Each child is assigned a Centerstone case manager who comes to the home regularly to ensure children and foster parents receive the essential care and support they need. If more specialized care is needed, we will help provide or coordinate other services such as outpatient counseling.

## Foster Parents

Our foster parents meet the following requirements:

- At least 25 years of age
- Can be married or unmarried
- United States citizenship
- Pass a medical evaluation, drug test and background check
- Have room for a child in your home and personal life
- Have patience and a desire to help children who need extra care and support

**Make a difference in a child's life.**

**Contact us: (844) 9-FOSTER | [fostercare@centerstone.org](mailto:fostercare@centerstone.org)**

### About Centerstone

Centerstone is a not-for-profit health care organization dedicated to delivering care that changes people's lives. We are a nationally recognized leader, providing mental health and substance use treatment, related crisis care, education and support to people of all ages in communities in Florida, Illinois, Indiana, Kentucky and Tennessee.

Nationally, we offer specialized care for service members, veterans and their loved ones, and develop employee assistance programs for businesses of all sizes. Our research institute improves behavioral health care through research, evaluation and technology, and our foundation secures philanthropic resources to support our work.

For more information about Centerstone, please call (888) 291-4357 or visit [centerstone.org](http://centerstone.org).