



The Steven A. Cohen
Military Family Clinic
at Centerstone




Vision Boards for Mindfulness & Charcuterie

Join us for some charcuterie and make a vision board.

Vision boards are collections of images, drawings, and other visuals arranged together to represent your goals and ambitions. At this event, you'll be able to make your own vision board and share with the group if you choose.

Craft supplies will be provided, but feel free to bring any additional items you want to include. Space is limited and registration is required.

Contact for more info:

-  910-500-1800
-  cohenNC@centerstone.org
-  centerstone.org/cohen-military-family-clinic

DATE & TIME

Friday, January 24th
6pm to 8pm ET

LOCATION

Cohen Clinic
Community Room
3505 Village Drive
Fayetteville, NC 28304

REGISTER NOW

bit.ly/3DuEb83

