







# Vocational & Residential Services

### **Vocational Services for Adults with Intellectual and Developmental Disabilities**

Centerstone assists with community employment for adults with intellectual and developmental disabilities by helping to foster job skills. Opportunities for clients to work in the community can be useful because they are able to develop meaningful relationships with community members. Service Plans are based on a person's strengths, abilities, needs and preferences.

### Clients involved in vocational services may have the option of working in:

- West Frankfort Car Wash
- Community Employment, including on-site shredding, janitorial services, carpet cleaning and tile care.
- The Sheltered Workshop and Day Program for Individuals with Intellectual and Developmental disabilities, which provides services to many industries in the region by subcontracting services.

#### Other vocational services include:

- Developmental Training focusing on development and maintenance of Adult Daily Living Skills.
- Vocational Development offering an individualized approach to identify vocational options and develop employment goals.

# **Community Integrated Living Arrangement (CILA) Program**

Centerstone's CILA Group Homes provide supervised services to promote residential stability for individuals who reside in agencyowned group homes or their own homes. Centerstone is a licensed CILA agency which provides services and supports that are based on individual needs.

Centerstone believes that all persons deserve to live in a warm and enriching home environment in order to attain the most independent, productive, and dignified life style possible. Centerstone is committed to providing this atmosphere in each of its residential homes and to assisting all individuals served to attain the least restrictive living arrangement of their choice.



For information about client services, contact:

## Helen Blackburn, Vocational & Residential Director

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### Cyndi McGee, Assistant Director

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#### **Brad Friend, Assistant Director**

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For quotes on any V & R services in your home or office, contact:

## Dave Ragan, Supported Employment Coordinator

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Agency-owned homes are located in areas that enable residents to be integrated into the community. Agency homes are typical to their particular neighborhoods and are located throughout the community. Each home is accessible to meet the needs of residents. The homes are staffed 24 hours a day by professionally-trained Direct Support Persons (DSPs). An Individualized Service Plan is developed for all residents to assist them in achieving maximum independence.

### **Residential Services for Adults with Mental Illness**

Centerstone provides adult individuals with mental health rehabilitation. Individuals in the program learn to develop recovery goals that provide resiliency. The Residential Supervisors work with individuals to increase skills in the areas of daily living, symptom management, health and nutrition, and social/interpersonal. The residential program helps individuals have a positive sense of well being and affords opportunities to return to work and school.